

CURRICULUM VITAE

Name : **PRAGYA AWASTHI**

Date of Birth : 07/08/1982

Nationality : Indian

Sex : Female

Language Known : Hindi & English

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EDUCATIONAL QUALIFICATIONS:

- M.Sc. Nursing (Obs&Gyne) with first class from ITM University, Gwalior (M.P.) in June 2014
- B.Sc. Nursing with first class from Vivekananda College of Nursing, Lucknow (U.P.) in June 2010
- Intermediate with first class from Islamia Degree College, Lucknow (U.P.) in 2000
- High School with second class from GGIC, Lucknow (U.P.) in 1998

WORKING EXPERIENCE:

- Presently working as Associate Professor in Integral College of Nursing Kurshi Road, Lucknow from 1st October 2018 to till date.
- Worked as a Vice Principal Post at Dr. RML IMS Gomti Nagar, Lucknow from 2nd September 2016 to 31st September 2018.
- Worked as a Nursing Lecturer at BORA Institute of Allied Health Sciences, (SewaHospita) Sitapur Road, Lucknow from 31st July 2014 to 1st September 2016.
- Worked as a Nursing Tutor at Vivekananda College of Nursing Lucknow from 1st June 2010 to 30th July 2014.

- **Total teaching experience 8Years 1Months. & Clinical experience 2 years 1Month.**
- Training Experience

Successfully completed Training Programmed at 1200 bedded, Vivekananda Polyclinic & institute of Medical Sciences Lucknow.

- Successfully completed **Training Programmed at 250 bedded Fatima Hospital, Lucknow, (Midwifery).**
- Successfully completed a **three month of training program at Psychiatric Posting in King George Medical University, Lucknow**
- Successfully completed **P.H.C. Training in Juggaur, Lucknow.**
- Successfully completed **C.H.C. Training in Chinhat, Lucknow**
- Organized / Participated on **“Skill Developmental Programme for staff nurses”** in Integral Institute of Nursing Sciences & Research, Integral University Lucknow.
- Organized a guest lecture on **“Stand Up Against Street Harassment”** in Integral Institute of Nursing Sciences & Research, Integral University Lucknow.
- Worked as **“Nodal Officer”** for tablet/ smart phones distribution for nursing students under
- **“Digishakti mission of government of Uttar Pradesh.” 2021-22**
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- Worked as **Nodal Officer** for **“MENTOR INSTITUTE”** under the JHPIEGO/UPSMF/UPTSU

➤ **SEMINAR&WORKSHOAP**

Successfully completed Participated in S.N.A. Programme.

Participated in Inter Collegiate Culture events.

Organized/Participated the workshop on “FIRST-AID” in Vivekananda College of Nursing, Lucknow, (U.P).

Clinical Skill Standardization(CSS) Training for Strengthening pre service education for Nursing &Midwifery at RML IMS SON, Lucknow held on 24Aug2018.

27th Annual conference of Neurotrauma Aug 2018(17-19thAug) attend it.

Career counselling & personality development programmed are attend it.

LIST OF SUBJECT TEACHING PRESENTLY:

- Obs. & Gyne for B.Sc. Nursing ,P.B.B.Sc. Nursing & GNM.
- Medical Surgical Nursing
- I have also taken classes in Community Health Nursing in BPCCHN Course based by IGNOU

ROLES AND RESPONSIBILITY

- Teaching specialization for ANM, GNM, B.Sc nursing, M.Sc. Nursing.
- § Preparation of master rotation plan, clinical rotation plan, course plan, unit plan and lesson plan.
- § Conduction of clinical duties with the high and practical touch to the students.
- § Conduction of road shows, rallies, community visits nearby villages of awareness of health related problems, and there first aid remedies.
- Preparation of time table and health records of the students.
- § **Work as a Team Leader in INC, UPSMF, JHPIEGO inspection**
- § **Worked in all NAAC criteria**
- § **worked in departmental Audit / University Audit**
- *RESEARCH ARTICLES NATIONAL/ INTERNATIONAL JOURNALS*

➤ *A Study to assess the knowledge, attitude & practice among staff & student Nurses on infection control in VPIMS.*

➤ *Medical Surgi*
➤ *Nursing*

➤ *A Pre-Experimental Study to assess the effectiveness of Acupressure therapy (SP6 Pressure Point) in the intensity of Dysmenorrhea among nursing student at selected Nursing collage of Gwalior.*

➤ *OBG Nursing*

➤ *A Study to assess the Effectiveness of an information booklet on knowledge regarding the intra hospital Transport protocol for critically ill patient among Gnm3rd year student study in integral college of nursing, Lucknow.*

➤ *Medical surgic*

➤ *A quasi experimental study to assess the effectiveness of planned teaching programme regarding knowledge on negative impact of mobile phone among undergraduate students in selected colleges at luck now*

➤ *Psychiatric Nu*



COMPUTER SKILLS:

- MS Office
- Data Analysis
- Administrative responsibilities

DECLARATION:

I hereby declare that all the aforementioned information given by me is true to best knowledge and belief.

Date -31.07.2023

Place - Lucknow

Name: Mrs. Pragya Awasthi

Designation: Associate Professor

IINSR Dept. OBG Nursing Integral University, Lucknow

Yours Faithfully

(Mrs. Pragya Awasthi)